

STUNDENPLAN

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
ATRIUM MINIS I 16:15 - 17:00  3	KRAV MAGA KIDS 15:30 - 16:30  1	KRAV MAGA KIDS 16:30 - 17:30  1	KRAV MAGA KIDS 15:30 - 16:30  1	KRAV MAGA KIDS 16:30 - 17:30  1
KRAV MAGA KIDS 16:30 - 17:30  1	KRAV MAGA KIDS 16:30 - 17:30  1	KRAV MAGA TEENS 17:30 - 18:30  1	ATRIUM MINIS I 16:15 - 17:00  3	KRAV MAGA TEENS 17:30 - 18:30  1
ATRIUM MINIS II 17:15 - 18:00  3	KRAV MAGA TEENS 17:30 - 18:30  1	BOXEN 18:30 - 19:45  1	KRAV MAGA KIDS 16:30 - 17:30  1	KRAV MAGA 18:00 - 19:15  2
KRAV MAGA TEENS 17:30 - 18:30  1	CROSSTRAINING 18:00 - 19:00  4	K1/ THAIBOXEN 18:30 - 20:00  2	ATRIUM MINIS II 17:15 - 18:00  3	K1/ THAIBOXEN 18:30 - 19:45  1
MMA / LUTA LIVRE 18:30 - 19:30  3	K1/ THAIBOXEN 18:30 - 19:45  1	KRAV MAGA 19:00 - 20:15  3	KRAV MAGA TEENS 17:30 - 18:30  1	K1/ THAIBOXEN ADVANCED 19:45 - 20:30  1
KICKBOXEN 18:30 - 19:45  1	KARATE 18:45 - 20:00  2	KICKBOXEN 19:45 - 21:00  1	KARATE 18:45 - 20:00  1	
KRAV MAGA 19:00 - 20:15  2	BJJ 18:30 - 20:00  3		BJJ 18:30 - 19:30  3	
MMA 19:30 - 20:30  3	K1/ THAIBOXEN ADVANCED 19:45 - 20:30  1		CROSSTRAINING 19:00 - 20:00  4	
BOXEN 19:45 - 21:00  1	TAE BO 20:30 - 21:30  1		MMA / LUTA LIVRE 19:30 - 20:30  3	
KRAV MAGA ADVANCED 20:15 - 21:00  2			TAE BO 20:15 - 21:30  1	

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ÖFFNUNGSZEITEN:
MO. 16.00 - 21.30 UHR
DI. 15.00 - 22.00 UHR
MI. 16.00 - 21.30 UHR
DO. 15.00 - 22.00 UHR
FR. 16.00 - 21.00 UHR

 KAMPFSPORT
 FITNESS
 TRAININGSRAUM

DIE NEUESTEN INFOS FINDEST DU HIER.
FOLGE UNS!

